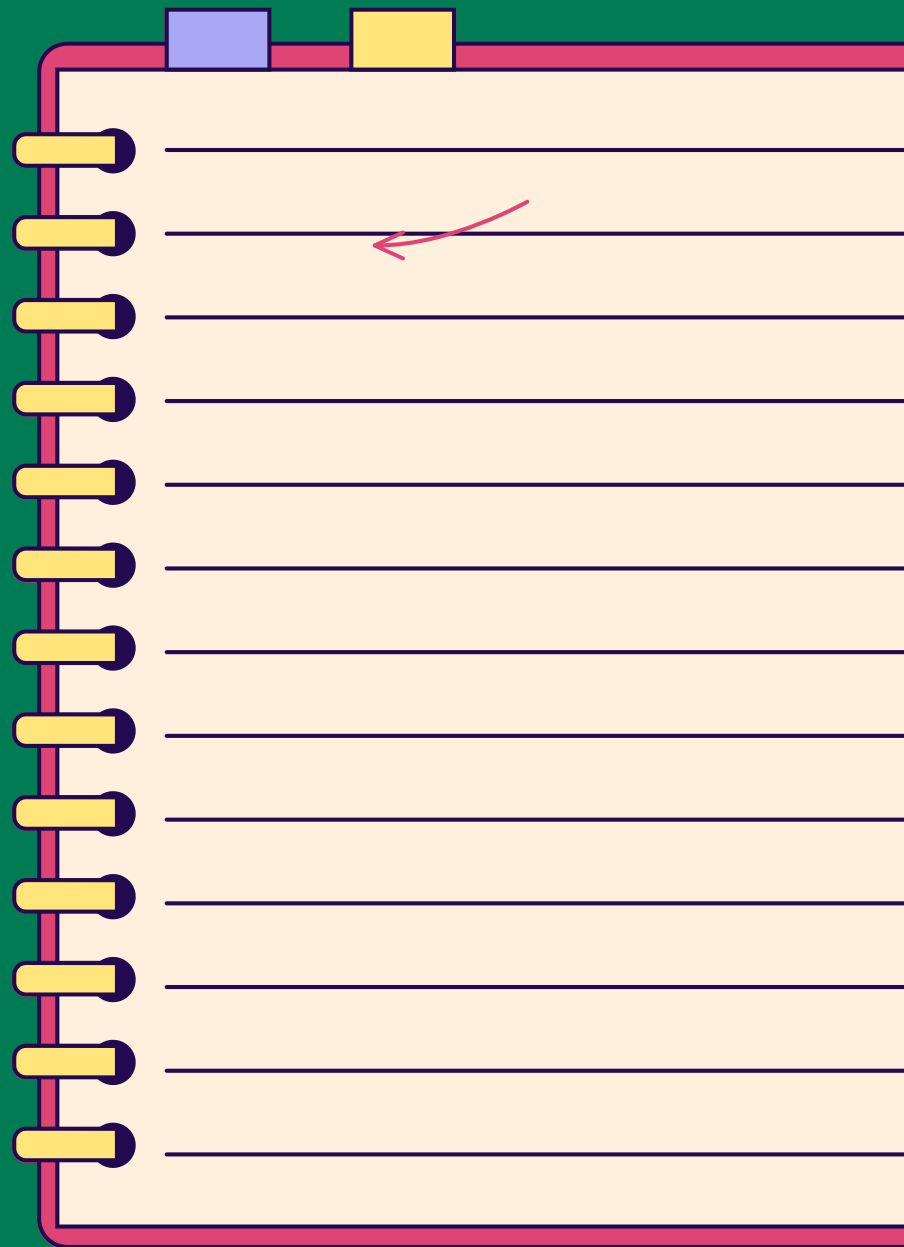


MODULE 8 - MY ONLINE RIGHTS

CHAPTER 1

EUROPEAN DATA PROTECTION LAW

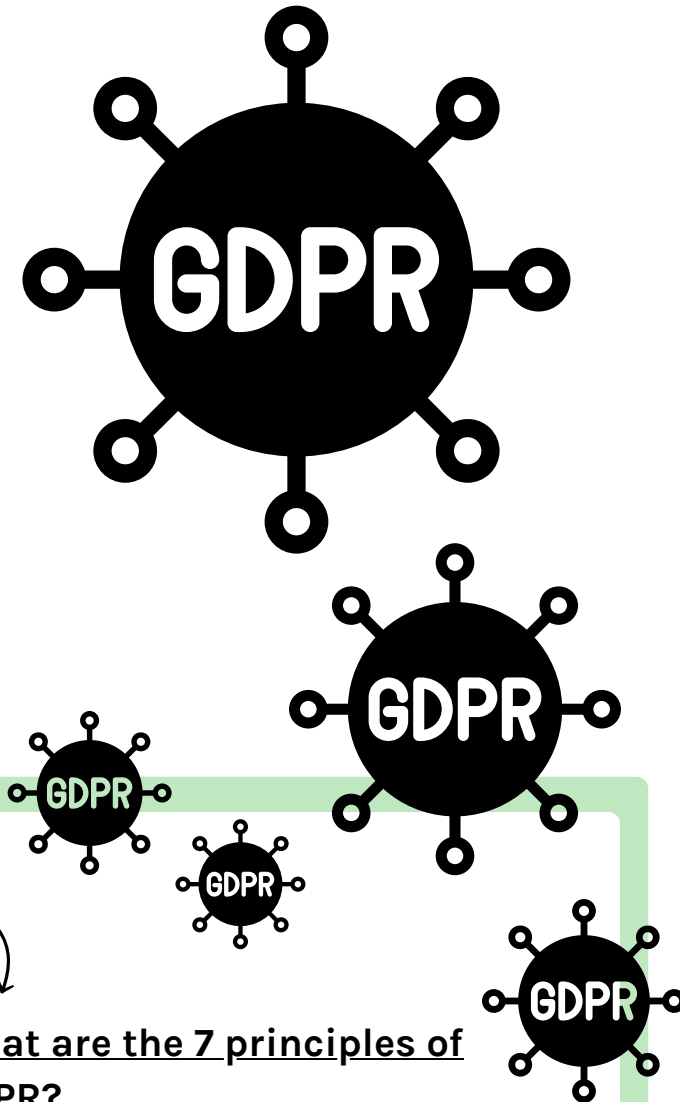


INTRODUCTION

Welcome to this course on your online rights and personal data protection! You will discover the essential principles of the GDPR, how your data is used, and what are your rights to protect it. A practical guide to navigate safely in the digital world.

1 THE PRINCIPLES OF GDPR

- **GDPR, or General Data Protection Regulation**, is a law put in place by the European Union to protect citizens's personal data. **It imposes strict rules on companies about how data is handled and gives individuals enhanced rights regarding their personal information.** This means that your information, such as your name, address or phone number, must be handled securely.



Understanding GDPR is essential because it gives you the tools to know how your information is used and how you can protect it.

It is not necessary to know all the details but we want to give you the basics in this module to assert your rights.

CLICK HERE



What are the 7 principles of GDPR?

2 WHY DO COMPANIES COLLECT YOUR PERSONAL DATA?



Companies collect personal data for various reasons but they must follow certain rules which are as follows:

THE PRINCIPLE OF PURPOSE

Companies must have a specific and legitimate reason to use your data. For example, if you buy a product online, they need your address to process and ship your order. However, they do not need to know where you work.

THE PRINCIPLE OF A LIMITED SHELF LIFE

It is not possible to store information about individuals in a file for an indefinite period. A specific retention period must be set, depending on the type of information recorded and the purpose of the file.

2 WHY DO COMPANIES COLLECT YOUR PERSONAL DATA?

THE PRINCIPLE OF PROPORTIONALITY AND RELEVANCE

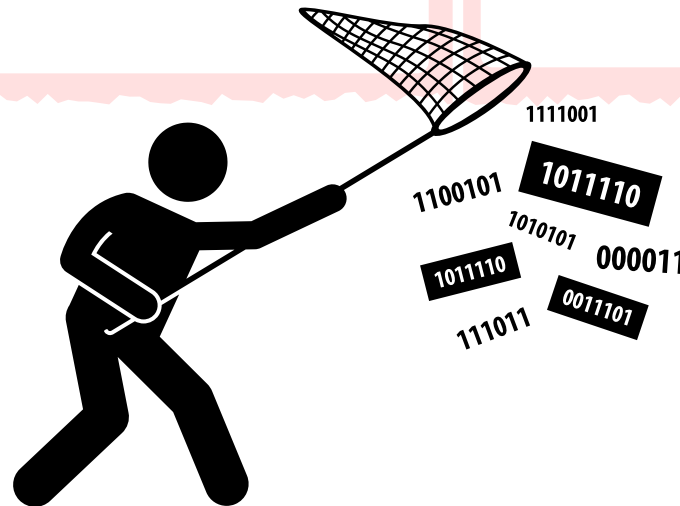
Companies can only ask for informations that are strictly necessary to achieve their purpose. For example, they shouldn't ask for your social security number just to send you a newsletter.

THE PRINCIPLE OF SECURITY AND CONFIDENTIALITY

Companies are required to protect your data from unauthorized access. This means they must use secure systems to prevent your information from falling into the wrong hands.

HUMAN RIGHTS

Individuals whose data is collected have specific rights. This means you have the right to know how your information is used and to request changes or deletions if necessary.



3 WHAT ARE YOUR RIGHTS?

THE GDPR GRANTS YOU SEVERAL RIGHTS REGARDING YOUR PERSONAL DATA.
HERE'S WHAT'S IMPORTANT TO KNOW!



THE RIGHT TO INFORMATION

If an organization keeps your data, it must explain to you what it does with it. For example :

- Why does it needs your data?
- How long does it keeps them?
- Who does it passes them on to?
- On what legal basis does it process your data?



THE RIGHT TO ACCESS YOUR DATA

You can request a copy of your personal data. This allows you to check what information a company holds on you.



RIGHT TO RECTIFY YOUR DATA

If any of your information is incorrect or incomplete, you have the right to request its correction. For example, if your address is incorrectly entered, you can request that it be updated.



RIGHT TO RESTRICTION OF PROCESSING

In certain situations, you can request that your data be deleted. For example, if you no longer want the company to keep your information, you can request that.



3 WHAT ARE YOUR RIGHTS?



RIGHT TO ERASURE (RIGHT TO BE FORGOTTEN)

You can request that the processing of your data be restricted under certain conditions. For example, this may be the case when you contest the accuracy of the data or if your data has been obtained unlawfully. This means that the company will not be able to use your data until the situation is clarified.



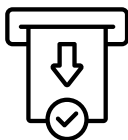
RIGHT TO TRANSFER YOUR DATA

You can request the transfer of your data from one organisation to another. This means that if you change service providers, you can request that your data be transferred without the old organisation being able to object.



RIGHT TO OBJECT

You can request that your data no longer be used, particularly for marketing communications. This means that the company will no longer be able to contact you to advertise or send you unsolicited promotions.



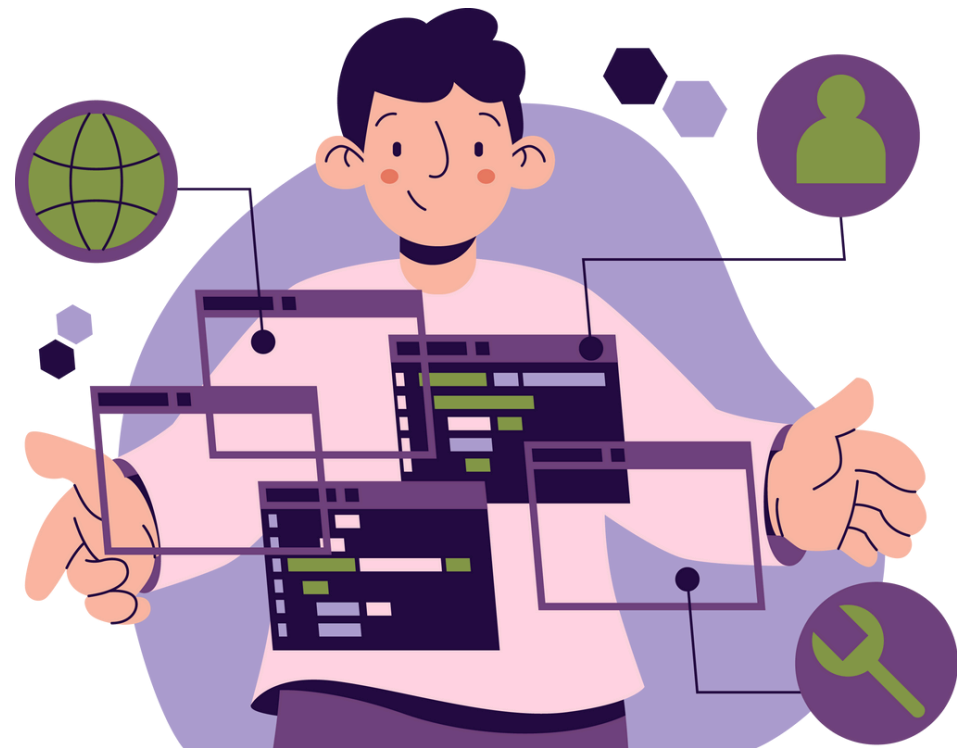
RIGHT TO WITHDRAW CONSENT

If you have given consent for a company to use your data, you can withdraw your consent at any time. This means that the company will no longer be able to use your information.

4 5 TIPS ON GDPR

The GDPR is **an essential protection to ensure that your personal data** is treated correctly.

For you, this means that your data is safe and you have control over how it is used. **For others**, it offers the same security and transparency, creating an environment of trust where everyone knows their rights are protected.



4 5 TIPS ON GDPR



Here are 5 practical tips to help you manage your information securely but also to be careful about managing the information you have about other people...

1 **Always get clear consent:** When working with beneficiaries in their homes, always make sure to get explicit consent before taking or sharing photos or videos. Clearly explain the intended use of the images and obtain written permission. Strictly respect the beneficiaries's wishes regarding privacy.



2 **Handle data with care:** If you hold and process information about other people, use secure systems to store and protect it. Limit access to this data to only those who need to know it for their work. For example, if you are a social worker, only relevant staff should have access to beneficiary records.



3 **Be careful when video conferencing:** When participating in video calls, be careful about what is visible behind you. Avoid showing personal or sensitive information, such as documents or objects that could identify someone. Use blurred backgrounds or virtual images to protect your privacy.



4 5 TIPS ON GDPR



Here are 5 practical tips to help you manage your information securely but also to be careful about managing the information you have about other people...

4 **Learn about your rights:** Learn about your data protection rights. This includes the right to view, correct, and delete your personal information. If you are unsure what it means, feel free to revisit the information already presented earlier in this module.



5 **Stay up to date:** Follow the latest news about GDPR and data protection best practices. Visit trusted sites and resources to learn about your rights and how to better manage your personal informations. The more you know, the more effectively you can protect your data.

