



MODULE 13

Civic life online

The life of a citizen also happens online! Digital technology now makes it easier for everyone to get involved in civic life. Whether it's to get informed, give your opinion, support a cause or organize your travel, online tools offer new possibilities for engagement. This module will guide you to better understand what an engaged citizen is, how to take action through digital technology and use transport efficiently.

1 Being an engaged citizen

- What is an engaged citizen?
- Why get involved as a citizen?
- How do digital tools enable us to engage as citizens?
- Some concrete actions



Discover the explanatory sheet 1

2 How to get involved online

- Find and Share Reliable Information Online
- Using the Internet to Find Volunteer Opportunities
- Participate in Public Consultations and Local Forums
- Participate in Crowdfunding Initiatives
- Supporting causes through online petitions



Discover the explanatory sheet 2

3 Getting around with digital tools

- Plan your trip
- Buy your ticket online
- Moving differently



Discover the explanatory sheet 3

DIFFICULTY



PREREQUISITES

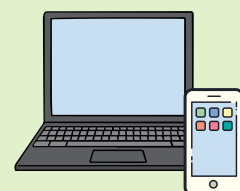
- Module 10
- Module 12

DURATION



15 min

MATERIAL



ALSO DISCOVER

- My rights online
- Manage administrative procedures online

Practice!

To support you in your learning and validate your knowledge, you can practice by taking the fun quiz below:



[Do the exercise here](#)

Civic life and your job



Knowing how to engage online as a citizen is essential, both in your daily and professional life. This module allows you, as a caregiver, to understand how to engage yourself or help your beneficiaries to get involved, access services and make their voices heard. It provides you with the tools necessary to act effectively and support your beneficiaries in their civic engagement. **Here are some situations where this module can be useful to you:**

☐ **Support causes, petitions and actions related to your profession and the quality of life of seniors**

Some associations launch petitions to defend the conditions of your profession and the rights of the elderly, such as improving conditions in retirement homes or strengthening home help. In just a few clicks, you can sign and share these initiatives. This module explains how to identify serious petitions and participate in them safely.

☐ **Helping beneficiaries to engage themselves**

Seniors can also be active citizens, but many don't know how to get involved. You can help them sign a petition, give their opinion on a local project or even participate in an online association. This module gives you tips to support your beneficiaries in using digital technology and allow them to make their voices heard.

☐ **Check information before sharing it**

In your job, you often interact with families and other healthcare professionals. Sometimes information circulates on the internet about new treatments, financial aid or risks for the elderly. This module teaches you how to verify this information before passing it on, using reliable fact-checking tools.

☐ **Facilitate your travels and/or those of your beneficiaries**

Some older adults have difficulty using public transportation, and sometimes you need to help them organize their trips. With mobile apps, you can check bus schedules, buy tickets in advance, or even organize a carpool ride. This module guides you through using these tools simply and effectively.



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