



## MODULE 2

# Internet Basics



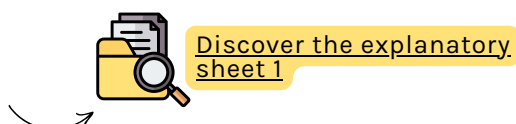
**The Internet makes our lives easier in many ways**, whether it's communicating with loved ones, quickly accessing important information, or allowing us to watch movies, series or other entertainment. Today, it is also essential for many things: accessing public services, making appointments or applying for a job.

At the end of this workshop, you will be able to find digital assistance, connect to the Internet, understand its usefulness, navigate a website, carry out online searches, use a voice assistant and master various tools such as instant messaging, emails or platforms for viewing videos and films.

### 1 Learn the basics of the internet

In this chapter you will discover:

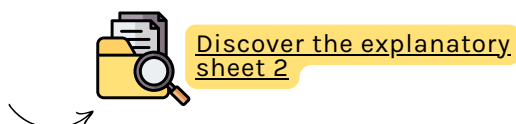
- Where can I find digital support nearby?



### 2 Getting started with the internet

In this chapter you will discover:

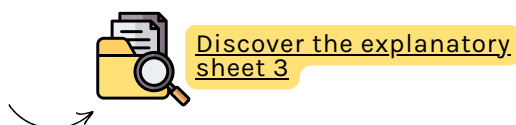
- How to connect to the internet
- What is an internet browser?



### 3 Do an internet search

In this chapter you will discover:

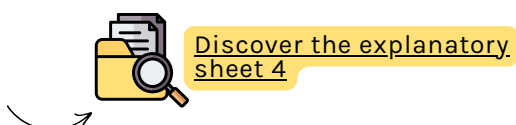
- How to search the internet
- How to enable voice search



### 4 Presentation of Internet tools

In this chapter you will discover:

- Where can I send messages?
- How to watch videos and movies



#### DIFFICULTY



#### PREREQUISITES

- None

#### DURATION



15 min per tool

#### MATERIAL



#### ALSO DISCOVER

- Shopping Online (Module 10)
- Online Scams (Module 12)
- Netiquette (Module 6)
- My online rights (Module 8)

## Practice!

In order to support you in your learning and validate your knowledge, you can practice by completing the quizzes below:

**Which of the following strategies is not effective during an Internet research?**

- a) Be specific in keywords.
- b) Use only one search engine.
- c) Evaluate the credibility of sources.
- d) Use search filters to refine results.

**Why is it important to evaluate the credibility of sources when searching the Internet?**


- a) To avoid receiving spam in your inbox.
- b) To ensure that the information you find is accurate and reliable.
- c) To increase the number of search results.
- d) To find the answer as quickly as possible.

**What is the main purpose of search filters when searching the internet?**

- a) Restrict access to certain sites.
- b) To increase the speed of your Internet connection.
- c) Refine search results based on specific criteria.
- d) Protect users' privacy while browsing.

Answers: b, d, c.

## Internet Basics and Your Job

 People who are not very comfortable with digital tools are not always familiar with good digital practices. It is therefore important to familiarize yourself with the basics of the internet, and **here are some situations in your daily life where this module could be useful to you:**

### ☐ Communication with teams

- Use WhatsApp or Messenger to communicate with other professionals, for example to quickly exchange information about a resident or coordinate a schedule.
- Participate in professional discussion groups or receive updates on meetings or protocols.

### ☐ Access to professional information

- Search the internet for recommendations, best practices or updates in the geriatric field.
- Access specialized sites or forums to find medical information or resources related to the care of elderly people.

### ☐ Document consultation and management

- Use a browser to access internal platforms or institution portals to manage schedules, view administrative documents or send reports.
- Open and respond to work emails to share reports or important information with management.

### ☐ Troubleshooting work-related technical issues

- Contact an internet service provider or IT department to report a technical problem, by finding the contact number or following an online tutorial to resolve a problem.
- Access manuals or digital guides to troubleshoot connected professional equipment (tablets, digital medical devices, etc.).

## To go Further... (only in French)

Want to learn more about the basics of the internet?  
Here is a resource to help you delve deeper into this module!

Check out this comprehensive digital help guide.

- Including Chapter 3: How to Navigate the Internet, here are the topics covered in this chapter:
- How to connect to the internet?
- What is 4G-5G?
- What is the web?
- What is a browser?
- What is a search engine?
- How to search the web?
- How to choose a result?
- How to get information on the web?
- What is a QR Code?
- What are cookies?



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